

# Training - Supervision of work at height



15695-EN-P



Face-to-face only



2 days

This training guarantees the safety of agents working at height, by enabling them to master the rules for the use of individual and collective protective equipment

## Public

- Safety and prevention personnel, maintenance contractors
- Any person who needs to be authorised to wear a harness

## Objectives

Attendees will be able to implement the following skills:

- understand the risks associated with working at height
- apply the regulations on work at height and Group Rule CR-GR-HSE-425
- prepare and organise your work
- know how to check your safety harness before using it, know how to wear it inside and outside collective protections and adapt its fixing
- master the risk analysis for work at height
- intervene with a victim and evacuate him/her

## Pedagogical & technical resources

- Alternation between theoretical contributions and practical applications
- Real-world case studies

## Assessment of achievements

- Quiz

## Prerequisites

Medical fitness to wear the harness: according to INRS document ed6110-Prevention of risks of falls from height: "There is a reinforced individual health monitoring system (SIR) for workers assigned to a position involving a risk of falling from a height during scaffolding assembly and dismantling operations. In this case, the occupational physician's visit takes place before the worker is assigned to the workstation and results in a fitness-for-duty form being drawn up. In other cases, it is an information and prevention visit with the issue of a follow-up certificate

## Responsible

TotalEnergies Learning Solutions trainer, with expertise in the field and trained in modern teaching methods adapted to the specific needs of learners from the professional world

## Program

### DESCRIPTION

Principles of prevention and analysis of risks related to working at height.

Presentation of safety equipment: harnesses, anchorage systems, collective and individual protection (temporary and permanent).

Practical exercises: securing access and moving at height in complete safety, evacuation of a victim.

Case studies: intervention on roof, work on an industrial structure in a pit.

Regulatory framework: legal obligations, rights and responsibilities of agents.

**Please contact our disabled persons referent to check the accessibility of this training program:**

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